

Newsletter

The latest news, views and announcements



Highlights

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United Way Fruit Distribution

Marble Mazes and More

Pet Policy



BOLD Bubbles

BOLD Summer Campers came to Lakeview Manor to enjoy some fun and freezies.

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Grade 11 students Visit Lakeview

VCHSS was fortunate to welcome 4 of Ms. Harvie's Grade 11 O2 to our Baddeck office this spring. The students helped pack up Meals Plus deliveries, stocked the community cupboard at Lakeview Manor, and even called a few games of Bingo as part of our High Density Pilot. We thoroughly enjoyed their good nature and company.



Everything's Growing Great In Iona

All hands were on deck to bring fresh flowers and vegetables from Harbour GreenHouse to the High Density participants at Seallogh Breagh!



VCHSS is always accepting donations of Dish Soap, Laundry Soap, Paper Towels/ Toilet Paper and All Purpose Cleaners.

Bingo at Capstick Manor

Capstick Manor participants in the High Density pilot enjoy a few rounds of Bingo with Dawn, the VCHSS Community Support Worker.



Paper Donation

Laura Dixon, owner of Needs in Baddeck, graciously donates out of date newspapers to our Community Connections program and High Density Pilot to ensure our clients and community members stay up to date.



Planting at Capstick

Tenants at Capstick Manor in Dingwall get their hands dirty planting flowers and vegetables.

My Yard Program Switches Seasons

Thank you to all of our contractors that made the inaugural MyYard Summer 2024 program work! Thanks to funding from ESDC Age Well at Home Grant, we were able to support over 30 clients and community members with lawn mowing.

Before we know it, winter will be here! If you are interested in participating the MyYard Winter 2024 program for driveway snow removal, please contact our office at 902-295-2877.



Saving Strawberries

Another success from the Age Well at Home Grant! VCHSS Community Connections provided fresh local berries, a vacuum sealer and bags and Knox Presbyterian volunteers did the rest. Thank you to our valued community partners for preserving fruit for their group as well as our Community Cupboard.



Navigation Services for clients and community members

NEW! We are pleased to offer **Navigation Services** for clients and community members. Call us at 902-295-2877 for support finding local, provincial, and federal resources as well as help completing applications for grants.

We also offer an online navigation option which can be found by visiting www.vchss.ca/communityconnections and clicking Register Now.



Community Meals Plus

The Age Well at Home Grant from Employment and Social Development Canada has allowed us to expand the Community Meals Plus Program! Community Meals Plus runs for 6-month sessions and is open to all residents of Victoria County over the age of 55.

For more information call 902-295-2877 or visit www.vchss.ca/community-connections and click Register Now.



United Way Fruit Distribution

Victoria County residents benefitted from the United Way Urgent Food and Essentials Grant! This funding allowed the distribution of fruit and vegetables, as well as dignity products, to our clients and participants through CCAs and our Community Cupboards locations.



L'Arche Grows Greens

As part of the United Way's Urgent Food and Essentials Grant, VCHSS Community Connections purchased fresh greens from L'Arche to distribute.



Office Holiday Hours:

- November 11th- Remembrance Day- Closed
- December 24th- Christmas Eve- Closed at noon
- December 25th- Christmas Day- Closed
- December 26th- Boxing Day-Closed
- January 1st- NYE- Closed
- February 17th-Family Day- Closed
- April 18th- Good Friday- Closed
- April 21st- Easter Monday- Closed



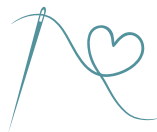
Marble Mazes and more!

Looking for a fun, accessible and memory friendly activity? Pick up one of our complimentary hand-sewn marble mazes or call 902-295-2877 to inquire about delivery. VCHSS also has a large selection of dementia friendly activities available for loan!

Volunteer Sewing Projects

We are once again into the winter sewing season! Whether you're a long-time sewing lover or just starting out, we'd love to have you help us make some fidget blankets, light blankets/quilts, fidget mazes or dignity bibs.

We have patterns and pictures if needed, along with lots of material and supplies at our office. If your passionate about crochet or knitting, we would love some of those items as well.



If you are interested, please come by (521A Chebucto St) or call 295-2877.



Caregivers Nova Scotia

for friends and family giving care

*“So glad you are there.
I don’t know how I would have
gotten through this without you.”*
– CNS caregiver client

Caregivers Nova Scotia is a non-profit organization providing **FREE** programs, services, information, and advocacy for unpaid, friend and family caregivers.

Telephone: 902.421.7390
Toll-free: 1.877.488.7390
www.CaregiversNS.org

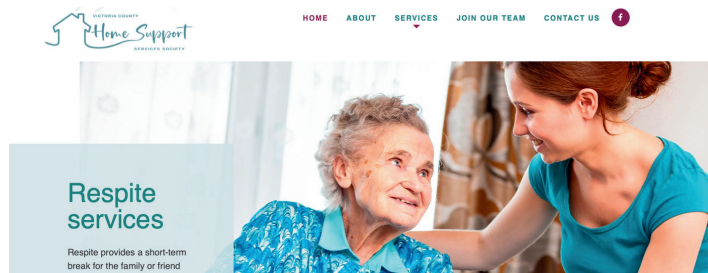


Caregivers Nova Scotia Association
3433 Dutch Village Road
Halifax, NS B3N 2S7

Registered Charity No. 87932 1420 RR0002

Website Resources

Visit us at www.vchss.ca for information on our programs and services. You'll also be able to view our dementia friendly recreation brochures, past newsletters, and register for Community Connections programs!



Pet Policy

Victoria County Home Support Services recognizes the importance pets play in the well being of our clients. If you are a client with a pet or pets in your home we kindly remind you to secure all pets in a separate room or with a lead during Home Support visits. Pets can act differently with people outside of their home environment, pets can pose tripping hazards to Home

Support Staff when working, and some Home Support staff may experience pet allergies. Thank you for respecting the Continuing Care and Victoria County Home Support Pet Policy.

A photograph of a woman in a red jacket standing next to a white car. A man is visible in the driver's seat. The image is overlaid with a teal banner containing text and a VCT logo. The text reads "Booking Hours", "Monday to Friday", "8:30 a.m. – 3:00 p.m.", and "Call 1-855-772-0770". The VCT logo includes the text "VICTORIA COUNTY TRANSIT" and "Connecting Communities".

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VCT
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